

HUDSON

RECREATION

@ HOME

ACTIVITY BOOK

January 2021 Edition

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DID YOU KNOW....

ABOUT YOUR TOWN....

- Before its incorporation as a town in 1866, Hudson was a neighborhood and unincorporated village of Marlborough, and was known as “Feltonville”.
- Hudson’s population in 1866 was about 1800. In 2010, the population was 19,063.
- The first public library in Hudson opened in 1867 thanks to \$500 in financial assistance from Charles Hudson.
- According to the United States Census Bureau, the town has a total area of 11.8 square miles.

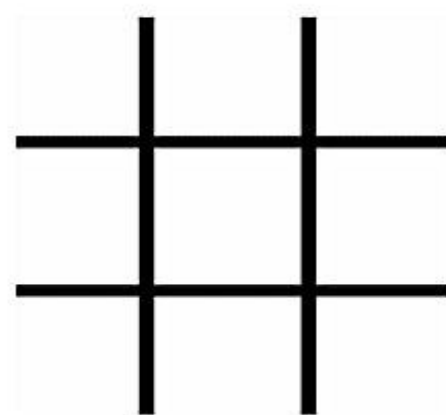
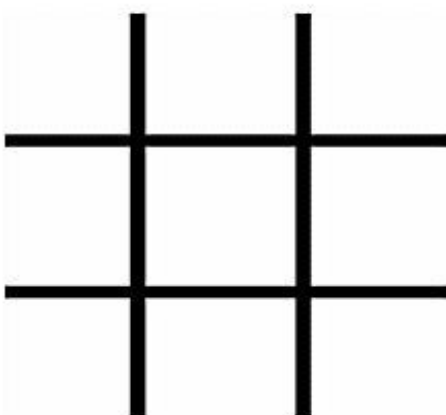
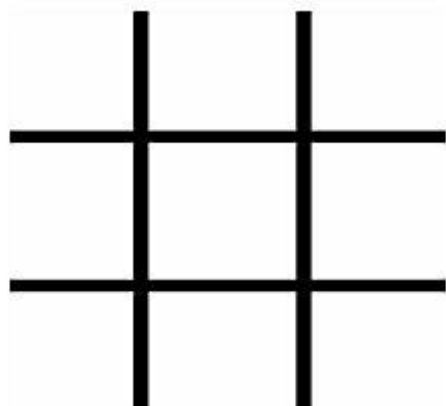
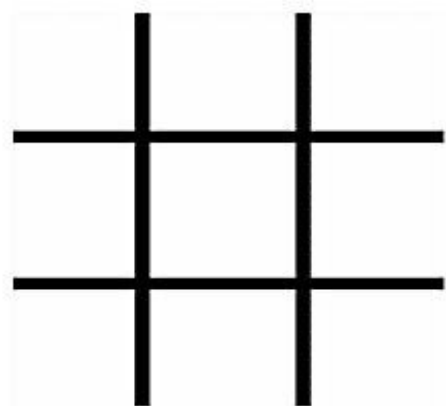
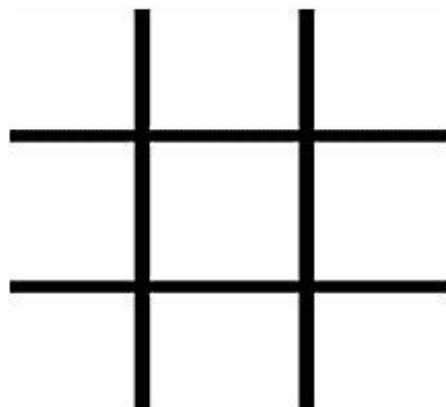
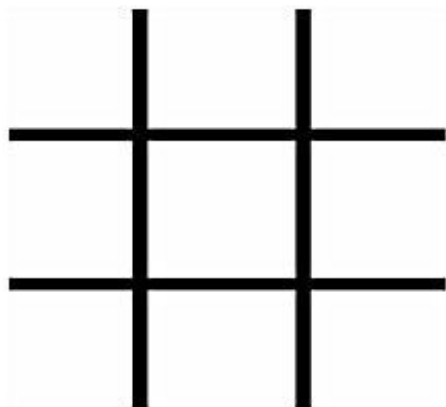
ABOUT YOUR STATE...

- The first Post Office in America opened in Boston in 1639
- The first subway in America was built in Boston, Massachusetts in 1897
- The first Basketball game was played in Springfield in 1891.
- The chocolate chip cookie was invented by Ruth Graves Wakefield and her husband in 1930 in the Toll House Restaurant in Whitman, Massachusetts.
- There is a lake in Webster, Massachusetts named
“Chargoggagoggmanchauggagoggchaubunagungamaugg.” (45 letters, 14 syllables)
Also known as “Webster Lake”
- The official state dessert of Massachusetts is Boston Cream Pie

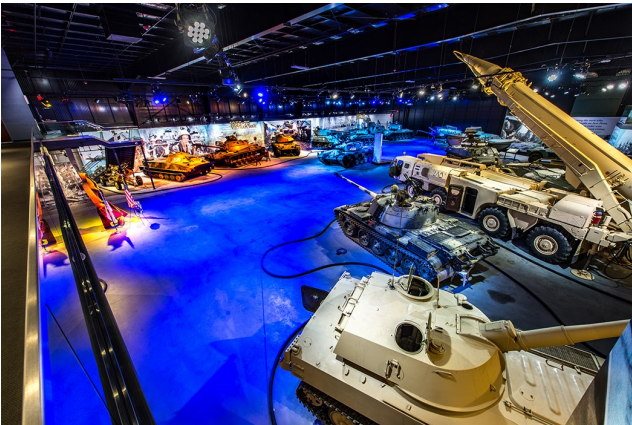
ABOUT STUFF IN GENERAL...

- Snakes can’t blink.
- Elephants are the only mammal that can’t jump.
- Neptune’s days are 16 hours long.
- The left side of your body is controlled by the right side of your brain while the right side of your body is controlled by the left side of your brain.
- You lose about 50-100 hairs a day.
- 11% of people are left-handed.
- Whales swallow half a million calories in a single mouthful.
- If you add up all the numbers from 1-100 consecutively it totals 5050.
- ‘Dreamt’ is the only English word ending with ‘mt’.

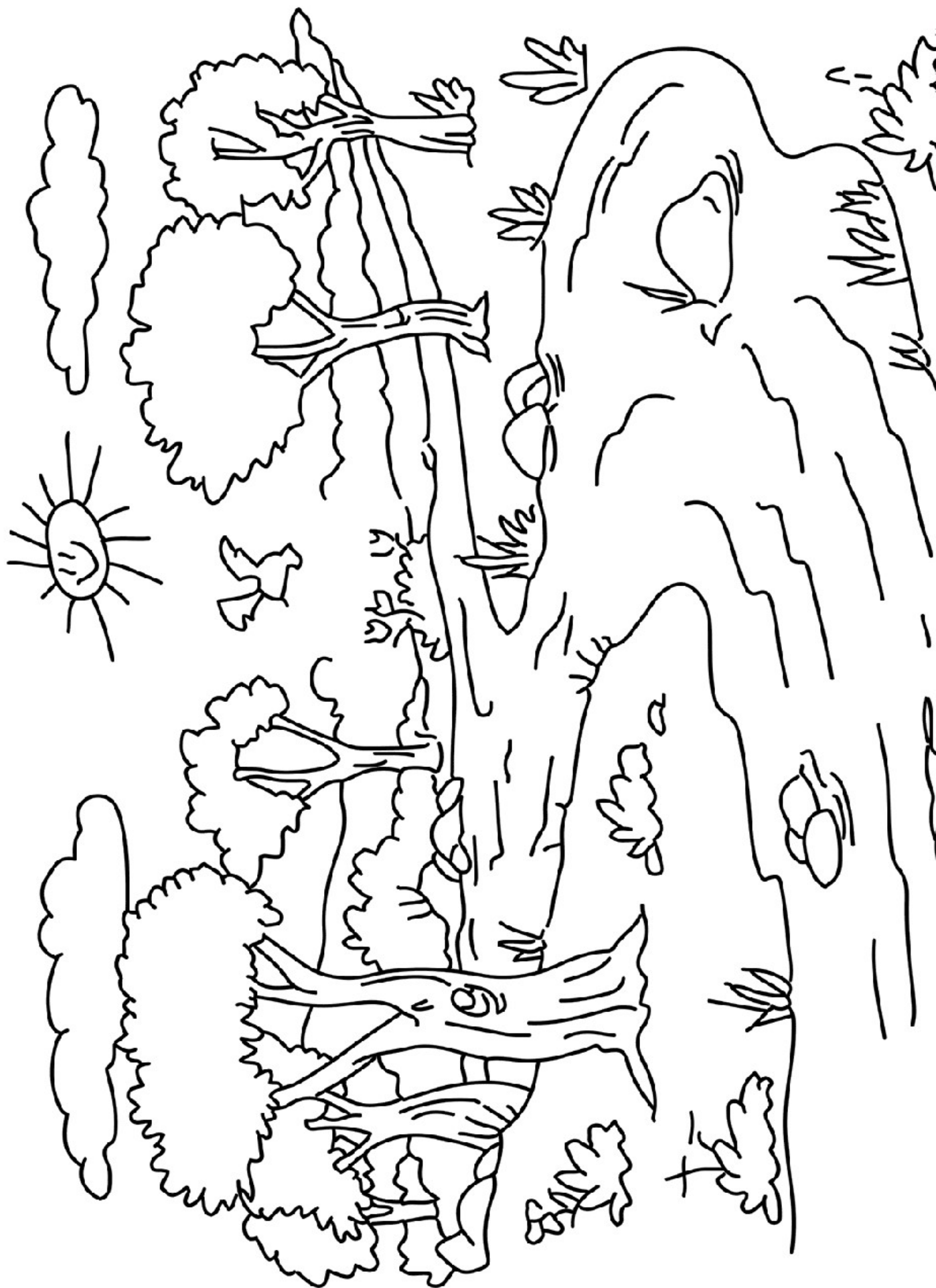
TIC TAC TOE

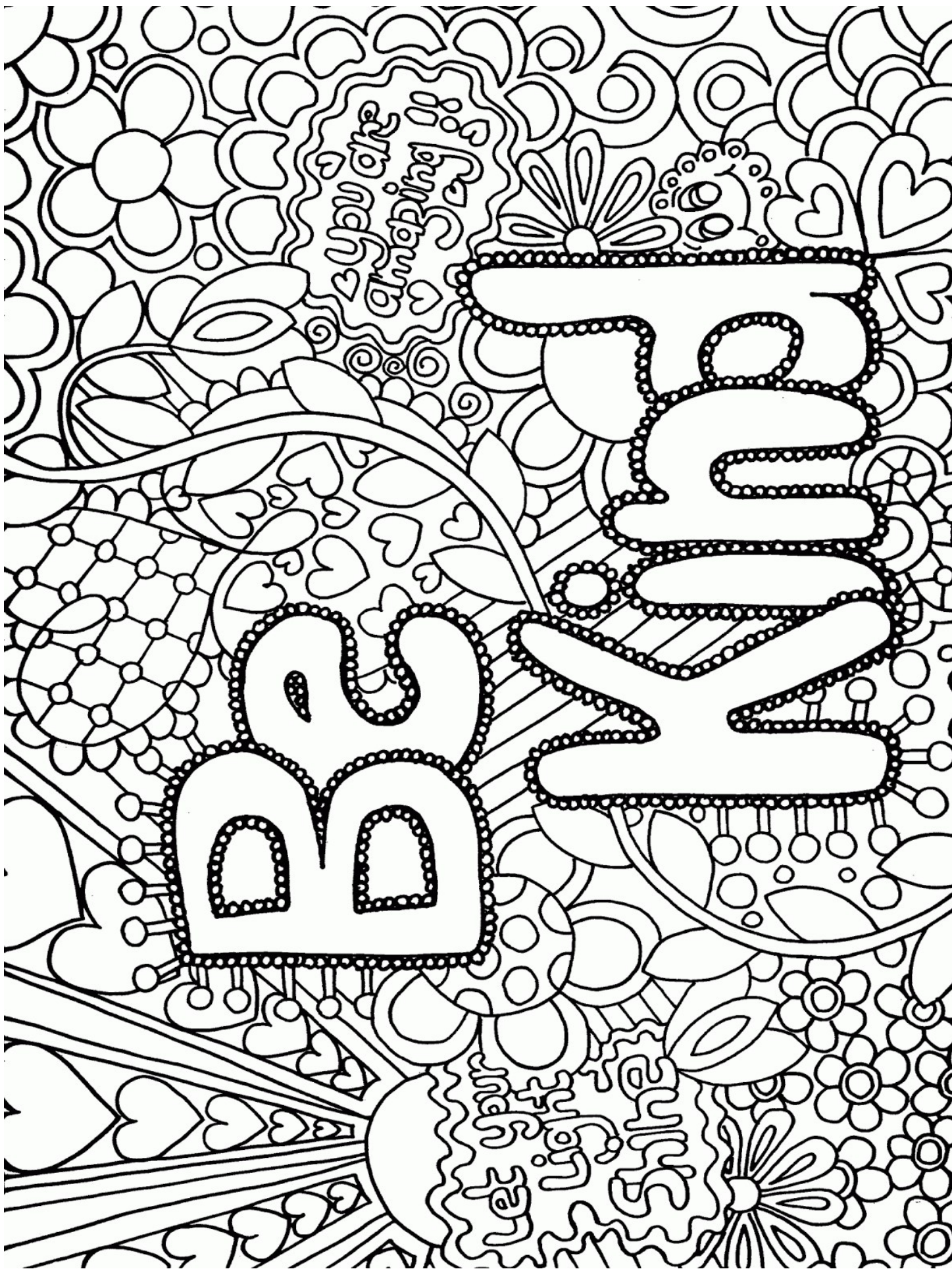


Where are you?
Identify these locations in Hudson.



ANSWERS ON PAGE 12





Alphabet Game

Find an item starting with each letter to win.

A

N

B

O

C

P

D

Q

E

R

F

S

G

T

H

U

I

V

J

W

K

X

L

Y

M

Z

Word Search

D	P	K	X	X	R	D	N	S	K	N	Y	J	B	X
W	K	D	W	T	A	G	V	E	U	U	S	H	P	C
W	S	E	P	Q	I	H	U	D	S	O	N	E	C	H
H	J	S	J	D	L	E	H	A	W	K	S	K	E	A
Q	H	P	M	Z	T	R	F	P	H	E	R	C	N	P
U	I	Y	U	F	R	O	F	A	H	Q	R	J	T	S
I	G	M	L	O	A	T	S	S	R	G	I	N	E	F
N	H	S	R	R	I	E	P	S	T	L	V	Y	N	I
N	S	F	E	E	L	A	A	A	S	Z	E	T	N	R
N	C	P	A	S	I	C	L	B	T	C	R	Y	I	E
R	H	J	D	T	B	H	S	E	L	S	S	Z	A	U
G	O	D	Y	K	A	E	H	T	F	U	I	A	L	N
Y	O	V	E	P	F	R	P	J	A	M	D	S	G	M
Z	L	K	M	G	I	S	A	O	I	R	E	M	A	X
Q	S	U	E	V	Q	T	D	K	P	O	L	I	C	E

centennial

riverside

assabet

hawks

high school

mulready

hudson

quinn

spalsh pad

teachers

forest

chaps

rail trail

farley

police

fire

SOLUTION ON PAGE 13

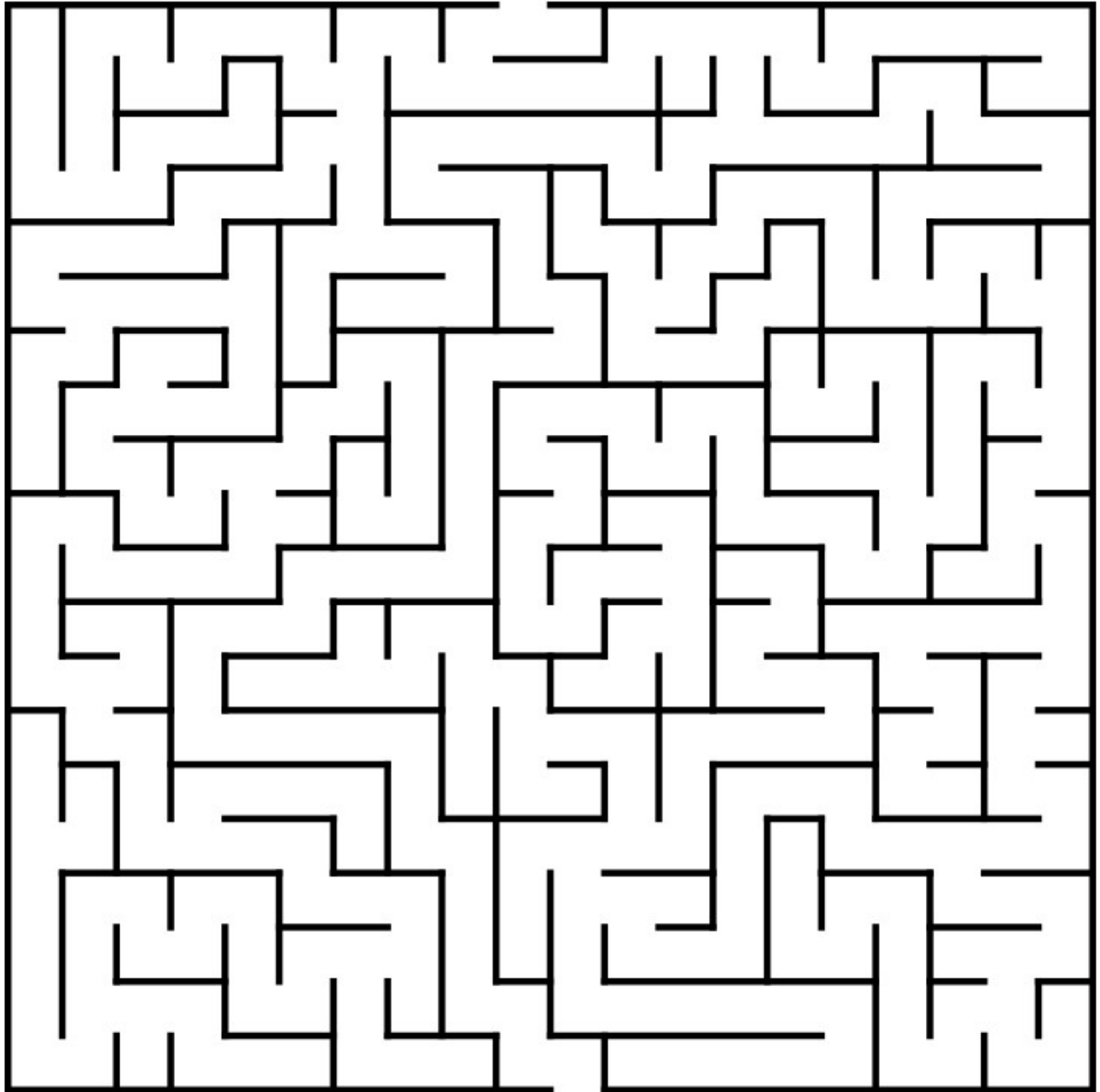
HUDSON HEALTH DEPARTMENT

BE A GOOD NEIGHBOR, WEAR A MASK!

#MaskupMA
#HudsonEdition

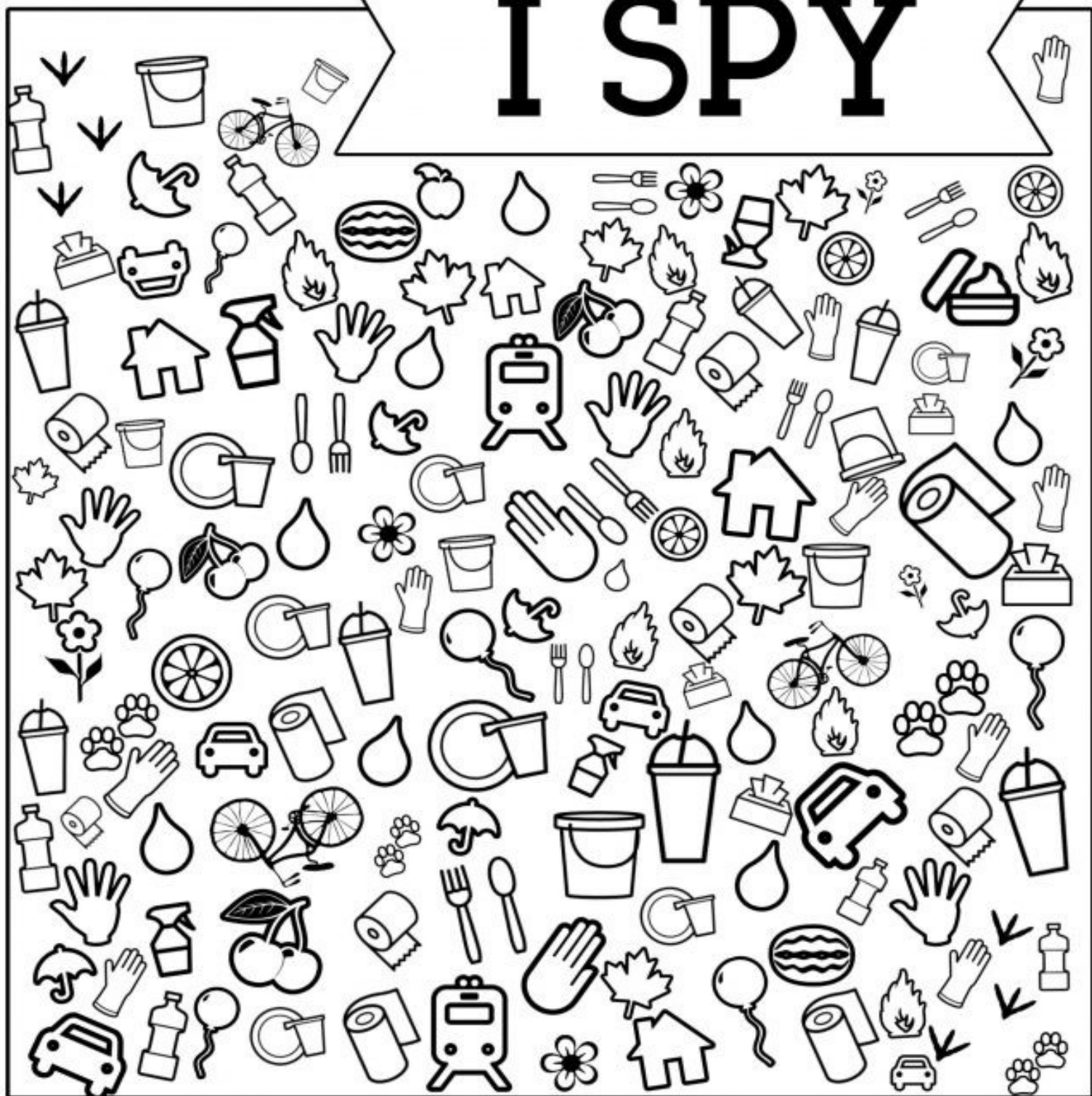


Help the hawk
reach its nest



SOLUTION ON PAGE 13

I SPY



- | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 4 | 4 | 2 | 4 | 5 | 7 | 4 | 6 |
| 1 | 6 | 7 | 1 | 3 | 6 | 7 | 4 | 7 |
| 3 | 2 | 4 | 6 | 2 | 7 | 3 | 9 | 6 |

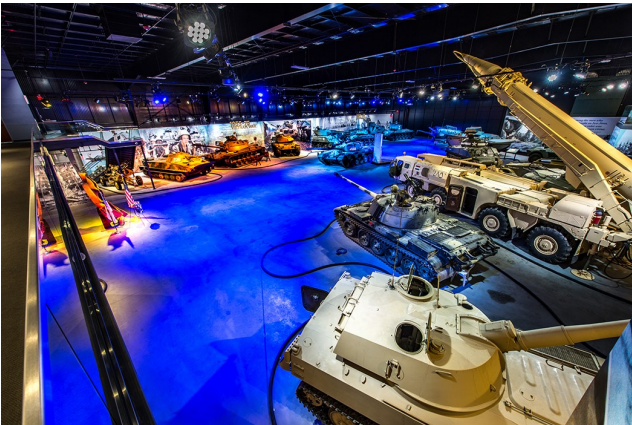
Where are you?
Identify these locations in Hudson.
ANSWERS



HUDSON TOWN HALL



HUDSON HIGH SCHOOL



AMERICAN HERITAGE MUSEUM



ST. MICHAEL'S CHURCH



TRESTLE BRIDGE OVER ASSABET
RIVER ON ASSABET RIVER RAIL TRAIL



WOOD PARK

SOLUTIONS

Word Search



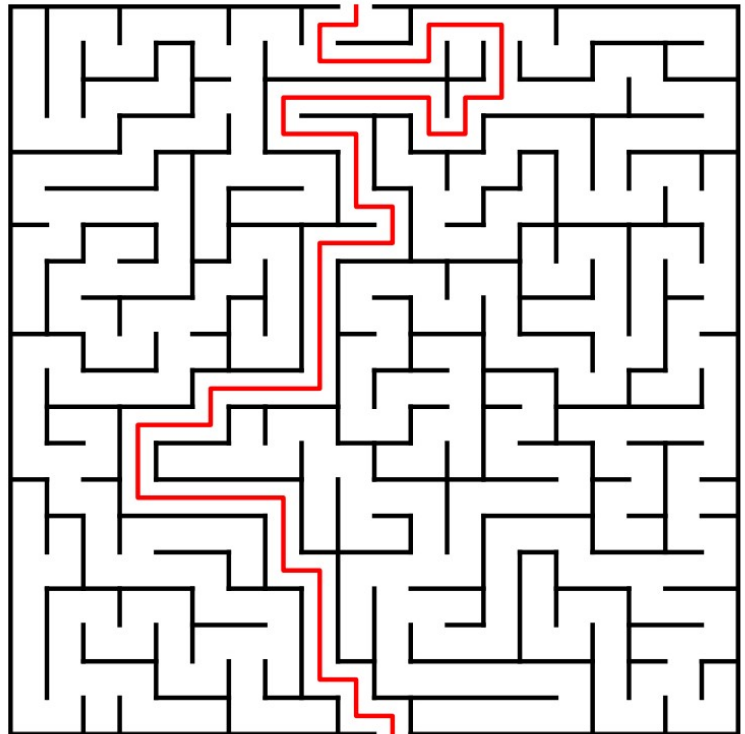
centennial
riverside
assabet
hawks

high school
mulready
hudson
quinn

spalsh pad
teachers
forest
chaps

rail trail
farley
police
fire

Maze



Central MA ESPORTS League



MADDEN NFL 21

FORTNITE



FIFA 21

NBA 2K21


**SUPER
SMASH BROS.**

Get in on the action and play in this Central Massachusetts Recreational Esports league against players from Grafton, Hudson, Leominster, Shrewsbury, Southborough, Sterling, Upton, and Westboro.


Compete in Fortnite, FIFA21, Madden21, NBA2K21, and/or Super Smash Bros leagues. (*Fortnite not available in Shrewsbury and Grafton.*)


Divisions available for grades 3-5 (plays at 7pm) and grades 6-12 (plays at 8pm).

Each league will consist of 6 weeks of competition, 5 weeks of the regular season and 1 week of playoffs.

 Registration ends Wednesday, January 6, 2021

 League begins Week of January 18, 2021

 \$30 per player

 Prizes for top place team



REGISTRATION
DEADLINE EXTENDED
UNTIL JANUARY 13th!



**For more information, including how to register, visit
www.hudsonrecreation.org**



We challenge young eaters to add one word to the sentence "I don't like that."

Yet!



Hudson Recreation has partnered once again with **Kids' Test Kitchen (KTK)** for upcoming 4-week and 6-week sessions, starting in January. Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Continuing to *redefine kid food*; one lesson, and one child at a time!

Students will have undivided attention as they explore new or familiar foods in their raw, unmanipulated state. Then will work together, virtually, (via Zoom), to slice, dice, peel, measure, and cook until they have each prepared the finished dish. Participants learn about food safety, basic hygiene, and the responsibilities that come with working in the kitchen – like careful use of equipment and clean up!

Menu includes...

Fresh-ka-bobs (4&6-week session)
Simple Pineapple Curry (4&6-week session)
Power Pancakes (4&6-week session)

Atypical Tacos (4&6-week session)
Veggie Spaghetti (6-week session)
Green Smoothies (6-week session)
(all items subject to change)

Recipes are easily modified to accommodate food allergies.

4-week session:

January 6th, 13th, 20th, and 27th, 4:30pm-5:30pm

6-week sessions: (choose one):

Tuesdays - January 19th, 26th, February 2nd, 9th, 23rd, March 2nd; 4:00pm-5:00pm

Wednesdays – January 27th, February 3rd, 10th, 24th, March 3rd, 10th; 5:00pm-6:00pm

Thursdays – January 7th, 14th, 21st, 28th, February 4th, 11th; 5:00pm-6:00pm

Classes will take place virtually thru Kids' Test Kitchen's web portal. A link to the class will be provided after registration is completed. The link will include information on how to sign into the class and what ingredients will need to be purchased prior to the classes.

Lessons are suitable for students of nearly any age. Participants will actually be cooking, though, so younger students may need some help from a "sous chef" from time to time. In our experience, students 2nd grade and up have the attention and manual dexterity required to complete most lessons independently.

Cost:

\$56 for the 4-week session; \$84 for the 6-week session. Fee is per household.

Enrollment is limited to 12 participants per session

REGISTER AT www.HUDSONRECREATION.org

